Staying SANE: Resident Education and Caring for Victims of Sexual Assault

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Objective 1:
1. Identify basic roles and responsibilities for EM providers caring for victims of sexual assault.
   a. Patient Centered:
      i. Access to safe, respectful, and timely non-judgmental care
      ii. Accurate documentation of medical exam findings and proper collection of forensic evidence
      iii. Appropriate testing/treatment/prophylaxis for STIs and pregnancy
      iv. Access to comprehensive social, legal, and mental health resources
   b. Provider Centered:
      i. Understand risks of body fluid exposure, trauma care, psychiatric stabilization
      ii. Coordination of services and communication with members of the Sexual Assault Response Team
      iii. Engage in self care after patient encounter

Objective 2:
2. Highlight educational models used in a variety of clinical settings to teach EM residents how to care for victims of sexual assault.
   a. Simulation
   b. Didactic Session
   c. Shadowing SANE RN
   d. Asynchronous learning

Objective 3:
3. Identify best practices for developing a comprehensive sexual assault curriculum for EM residents
   a. Ideal learning environment to practice supportive language skills and forensic exam techniques: Simulation and direct patient care under the guidance of a certified Sexual Assault Nurse Examiner
   b. Ideal curriculum would be multimodal, considering the medical, ethical, legal, and social factors involving caring for the sexual assault patient.
   c. Options for a resource limited environment:
      i. www.healtraficking.org
      ii. State Bureau of Investigation Protocols
      iii. Local law school faculty
      iv. Hospital Ethics team
      v. ACEP eBook:
         https://www.acep.org/content.aspx?id=29562#sm.0001b7gp418ale6ssy2s68xl5wfi
      vi. RAINN: rainn.org
      vii. Sexual Assault Forensic Examiner Technical Assistance: http://www.safeta.org