Is the Interview Season an Educational Loss?

Curricular example #1:

**Specialty-Specific**

**Content:** Deep dive into emergency medicine-specific topics with emphasis on preparation for residency (i.e. boot camp)

**Structure:** 4 days of multimodal assigned asynchronous material + 1 day of on-site progressive disclosure cases (student-led). On-site sessions can also incorporate splinting workshop, simulation sessions, procedure lab, EKG workshop.

**Class assignments:** At the end of the week, submit 1 PPT case presentation as well as 3 learning points for each day of asynchronous assignments. In class: Required to lead progressive disclosure cases and guide classmates through case discussion.

**Resources:**
- EM Foundations for schedule of asynchronous assignments
- Oral boards cases for PPT presentations and progressive disclosure cases

Curricular example #2

**Non-Specialty Specific**

**Content:** Provide students with the opportunity to learn and develop teaching and leadership skills that they will be able to use in residency and beyond.

**Structure:** 4 days of asynchronous book reading/completion of reflections and self-assessment tools + 1 day of instructor-facilitated interactive discussions (small group and large group) about books and tools through web portal.

**Class assignments:** Book reflections, self-discovery logs

**Resources:**
- Books (choose several from this list):
  - Ambrose, SA et al. How Learning Works: Seven Research-Based Principles for Smart Teaching
  - Covey, Stephen R. The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change.
○ Seligman, Martin. Flourish.

● Tools:
○ Mindset self-assessment tool: https://tinyurl.com/assess-your-mindset
○ Self-Compassion Scale: http://self-compassion.org/test-how-self-compassionate-you-are/
○ Grit Scale Quiz: http://angeladuckworth.com/grit-scale/
○ Mindfulness Tool: https://tinyurl.com/mindfulness-skills

● Podcasts
○ Mindset (Carol Dweck) TED hour podcast and TED Talk
○ Self-Compassion (Kristin Neff) TED Talk
○ Vulnerability (Brené Brown) TED Talk
○ Grit (Angela Duckworth) TED hour podcast and TED Talk
○ Resilience (Greg Eells) TED Talk

Other curricular examples:
