

“Our goal, not to lose one.” - Thomas J. Nasca, MD MACP

The Council of Residency Directors in Emergency Medicine (CORD) is pleased to announce an emergency medicine collaborative effort with AAEM, AAEM/RSA, ACEP, ACOEP, ACOEP-RSO, EMRA, and SAEM in the initiation of the first **National Physician Suicide Awareness Day on September 17, 2018.**



National Physician Suicide Awareness Day

Vision Zero

Estimates are that up to 400 physicians per year take their own lives with the relative risk for suicide being 2.27 times greater among women and 1.41 times higher among men versus the general population. Each physician suicide is a devastating loss affecting everyone - family, friends, colleagues and up to 1 million patients per year. It is both a very personal loss and a public health crisis. Vision Zero calls on individuals, residency programs, health care organizations and national groups to make a commitment to break down stigma, increase awareness, open the conversation, decrease the fear of consequences, reach out to colleagues, recognize warning signs and learn to approach our colleagues who may be at risk. Let us challenge each other as individuals, communities, institutions and organizations to make changes to reach zero physician suicides.

Learn More

[CORD Wellness Resources](#)

Shed light on this issue and change the culture of medicine to save our own lives.

