

## **EBM Education: Altruism and Social Mission in Resident Education**

Below is the document drafted by Jack Perkins for the Virginia Tech Carilion EM Residency in 2016 as an example of the justification and methods for instituting a community service piece into residency requirements. Below is contact information for all three faculty moderators of this session should you have any questions.

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**Virginia Tech Carilion Emergency Medicine Residency Community Outreach  
and Underserved Patient Population Project**

Background: As Emergency Physicians we are in the top 0.1% of professions in the world who have the luxury of being paid well for a job we enjoy. At some point in life, every EM physician should consider in what capacity they elect to give back to their community, their country, or the world for this privilege. The Faculty of the VTC Emergency Medicine Residency feels engagement in such worthy endeavors should begin in residency so a foundation is established for future altruistic activity beyond residency.

Goal: Our interns will engage in a community outreach project, national volunteer opportunity, or international volunteer activity during the course of their intern year and ideally throughout residency. The projects will vary in nature and are intended to be in an area of interest for that resident potentially stimulating further activity in that realm once residency has concluded.

Requirements:

- 1) A 20-hour commitment is required during the 12 months of intern year. Ideally this should be time devoted to one project although under certain circumstances, this requirement may be broken up into multiple projects.
  - 2) All proposed projects should be submitted to our program coordinator who will submit them to the faculty for review. These projects will be discussed during faculty meeting for their merit and once approved may begin immediately.
  - 3) Requirements for the residency class of 2017 will be adjusted to 10 hours
  - 4) Requirements for the residency class of 2018 will be adjusted to 15 hours
- Rising 2<sup>nd</sup> and 3<sup>rd</sup> year residents may well have participated in such an activity and thus may have met this minimum requirement. Please submit a description of what you have done and the hours involved to our program coordinator for review.

Examples of Community Service:

- International mission trips
- Rotation at an Indian Health Service Hospital Facility
- Educating students of SW Virginia such as teaching high school students about trauma, CPR/AEDs, drug and alcohol education
- Community CPR/AED education
- Volunteering at the Bradley Free Clinic
- Volunteering at the Rescue Mission