# So You Want to Start a Residency?

Gaining Institutional Support and Budgeting Accreditation with the RRC Faculty Recruitment and Development



#### So You Want to Start a Residency?

# Gaining Institutional Support and Budgeting Todd Berger, MD

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#### The posting...

- An <u>amazing</u> hospital wants to start an EM residency...
- Looking for a PD just like you...
- Delightful community with good schools...



#### **ACGME Requirements**

- 3 years as <u>core</u> faculty at an ACGME residency
- ABEM certified
- Current state license



### Would you take the job?

- 1 million dollars annual salary
- Faculty recruited from other residencies
  - Most have already listed lectures they want to give
  - Academic Incentive Plan voted on and approved
- Institution agrees to your budget, plus 500K in Development Funds
- All other dept chairs excited to partner with new program



#### Would you take the job?

- 1 million dollars annual salary
- Faculty are private docs, concerned about how this will impact productivity
  - Not interested in lecturing
- Institution agrees to budget, plus 500K in Development Funds
- All other dept chairs excited to partner with new program



#### Would you take the job?



- 1 million dollars annual salary
- Faculty are private docs, concerned about how this will impact productivity
  - Not interested in lecturing
- Institution encourages you to apply for grants to fund program development and administration
- Trauma Surgery runs ED traumas, Anesthesia does ED airways



#### Be sure you have institutional support

Before You

Sign!



#### **Institutional Support**



**Look for Evidence** 

- What other residencies/fellowships are there?
- Over CMS cap?
- Faculty staffing ratios (pts/hr)?
- Sim Lab/Classroom Space/Admin Space
- Faculty commitment and understanding of new work load
- EM respected by other depts
  - Who runs trauma? Who owns airways?
  - How do admissions work? Consultations/on call?

#### **Institutional Support**



**Look for Evidence** 

- Talk to the ED Medical Director/Chief of Service
- Talk to the Faculty (Lunch?)
- Tour the Teaching Facilities
  - and the ED (you're going to have to work there!)
- Meet the Medicine and Surgery PDs
- Talk to the Institution
  - Who has final approval on your budget?

•	Make a pros/cons list Discuss with your family	
	Pros	Cons
Profes	sional • Career Growth	More Hours
	Creative Challenge	• Am I up for the
	• I'm burnt out now	challenge?
,,,		• I hate politics
Person	al • Good Schools	• Spouse's career
	• Closer to Family	• Higher cost of living
	· More Outdoors	• Friend network here

#### **Gaining Institutional Support**

Who is at the table?

- Medical School (academic sponsorship)
- Hospital/Institution (money, facilities)
- Physician Group (faculty)



#### **Gaining Institutional Support**

Why are they at the table?

- Cheap Labor
- Retention/Recruitment
- Reputation/Ego



#### **Keys to Negotiation**

- Know who is at the table
- Know why they're at the table
  - What do they value?
  - Why would they want to start a residency?
- Speak to those needs
- No one cares about your needs
- (Understand that you will NOT win everyone's support)



#### Negotiation

- Inter-departmental-i.e. with your Chair
  - $-\,$  Will depend on where your chair stands
  - Be prepared and know the data inside out
  - First present your dream budget (but not a fantasy) and be ready to negotiate
- Extra-departmental-i.e. with the medical school, GMEC or hospital
  - Have a united front with your chair, no matter what

#### **Budget Negotiation**

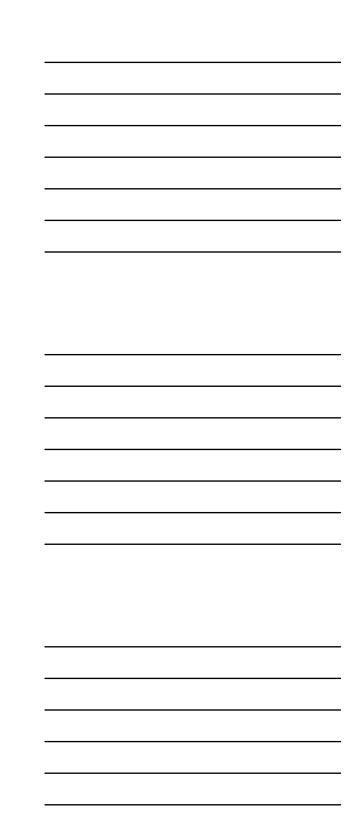
- Come with data
  - other budgets (but know that some PDs in your institution will be reluctant to share)
  - common residency (competitor's) practices
  - salary surveys
- Budget Padding vs Financial Integrity (credibility)
- Everyone loves a bargain
  - Haggle for services (and talk about it)
  - Find funding partners

#### **Budget Development**

- Get involved in your current program's budget process
- Get copies of budgets from other EM residencies (phone a friend)
- Get copies of other residency budgets from the new institution (if they are willing to share)

#### Reasons to Start a Program

- 3 residents cost less than one attending
- A PGY 3 adds 4 RVUs/hr to faculty productivity
- It costs \$30-70K to recruit a new physician
- 75% of residents stay within 50 miles of where they trained
- Higher faculty job satisfaction/lower burnout and turnover
- Leave a legacy



#### **Development Package**

- What Size Program?
- Annual Budget
- Bare Bones? Cadillac Program?
- Start Up Costs
- Faculty Support
- Teaching Space
- Admin Space



#### **Budget**

- Orientation
- Professional Organizations
- Didactics
- Software
- Recruitment
- Special Events
- Faculty Time
- Coordinator Time
- CME
- Resident Salaries
- Research
- Administrative Costs



#### **Budget**

#### Orientation

- Paid vs Unpaid vs In-Line (July)
- Merit Badges (ACLS, BLS, ATLS, PALS, etc)
- Scrubs, Lab Coats
- Books
- Bling







#### **Professional Organizations**

- ACEP, EMRA, State Chpt ACEP, SAEM, AAEM
- ACGME Accreditation Fees (\$6200, \$5200)
- CORD/EMARC Dues
- Local Medical Society













#### **Budget**

#### **Didactics**

- Grand Rounds Speaker Travel/Honorarium
- Food at Conference and Journal Club
- Sim Lab
- Skills Lab Supplies
- Cadaver Lab
- Standardized Patients
- ABEM In-Training Exam





#### **Budget**

#### Software

- Evaluation/Residency Management Software
- On-Line Educational Software
- Question Banks
- Scheduling Software



#### Recruitment

- Residency Fairs—ACEP, SAEM, Regional Mtgs
- NRMP Fee
- Interview Broker?
- Meals—Dinner, Breakfast, Lunch
- Applicant Parking
- Tour?



#### **Budget**

#### **Special Events**

- Intern Welcome
- Resident Retreat
- Graduation (incl Awards, Gifts)
- Socials



#### **Budget**

#### **CME Travel**

- Residency Leadership (Recruitment, CORD)
- Faculty
- Chief Residents
- Resident Travel
  - Whole Class Mtgs
  - Travel to Present Scholarship



#### FTE

- Core Faculty Protected Time (RRC rules)
- Academic Incentive Bonus
- Coordinator



### Budget

#### Residents

- Salaries
- Benefits
- Malpractice





# Budget

#### Research

- Coordinators
- Staff
- Biostats
- Seed Money



#### Administrative

- Office Supplies
- Computers
- Photocopying
- Phones
- Office Space
- Gifts (Births, Funerals, etc)





# Sample Budget

# Is It Worth It?