



Council of  
Emergency Medicine  
Residency Directors

Best Practices in Residency Education – CORD 2018

**Instructions for speakers:** Please complete this form to the best of your ability on your upcoming lecture. These will be given to all attendees to keep for easy reference. Feel free to modify this form as you see fit. Please keep it to ONE PAGE if possible.

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| <b>Session title</b>                             | Fight back against decision overload: what can you do and what can you teach?   |
| <b>Speaker name (s)</b>                          | Brett R. Todd, MD<br>Danielle Turner-Lawrence, MD   |
| <b>How this info can change current practice</b> | Decision overload causes us stress and degrades our performance while on shift. We will describe a method to handle decision overload and curriculum we developed for our residents to combat decision overload.  |
| <b>Major teaching point #1</b>                   | Decision overload is a serious problem we all face as emergency physicians and can be managed using a simple decision tool while on shift   |
| <b>Major teaching point #2</b>                   | Managing decision overload can be taught to residents with the result of less stress and better performance, particularly to PGY1 residents.  |
| <b>Major teaching point #3 (as needed)</b>       |   |
| <b>Helpful resources for more information</b>    | SPRINT video link: <a href="https://youtu.be/DlIMtchCnsl">https://youtu.be/DlIMtchCnsl</a><br>SPRINT card deck:<br><a href="https://drive.google.com/file/d/13omYjfKg6Zw_r2A0UsfRXoqFeuvSilkf/view?usp=sharing">https://drive.google.com/file/d/13omYjfKg6Zw_r2A0UsfRXoqFeuvSilkf/view?usp=sharing</a><br>SPRINT card game instructions:<br><a href="https://drive.google.com/file/d/1ygifRivCELo0dvaDN1WEa8H_mCbKznd/view?usp=sharing">https://drive.google.com/file/d/1ygifRivCELo0dvaDN1WEa8H_mCbKznd/view?usp=sharing</a> |
| <b>Who to contact for more information</b>       | <a href="mailto:Brett.todd@beaumont.edu">Brett.todd@beaumont.edu</a><br><a href="mailto:Danielle.turner-lawrence@beaumont.edu">Danielle.turner-lawrence@beaumont.edu</a>  |

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| <b>Other Info</b> |  |
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