

Staying SANE: Resident Education and Caring for Victims of Sexual Assault

Emily Brumfield MD and SueLin Hilbert MD

Objective 1:

1. Identify basic roles and responsibilities for EM providers caring for victims of sexual assault.
 - a. Patient Centered:
 - i. Access to safe, respectful, and timely non-judgemental care
 - ii. Accurate documentation of medical exam findings and proper collection of forensic evidence
 - iii. Appropriate testing/treatment/prophylaxis for STIs and pregnancy
 - iv. Access to comprehensive social, legal, and mental health resources
 - b. Provider Centered:
 - i. Understand risks of body fluid exposure, trauma care, psychiatric stabilization
 - ii. Coordination of services and communication with members of the Sexual Assault Response Team
 - iii. Engage in self care after patient encounter

Objective 2:

2. Highlight educational models used in a variety of clinical settings to teach EM residents how to care for victims of sexual assault.
 - a. Simulation
 - b. Didactic Session
 - c. Shadowing SANE RN
 - d. Asynchronous learning

Objective 3:

3. Identify best practices for developing a comprehensive sexual assault curriculum for EM residents
 - a. Ideal learning environment to practice supportive language skills and forensic exam techniques: Simulation and direct patient care under the guidance of a certified Sexual Assault Nurse Examiner
 - b. Ideal curriculum would be multimodal, considering the medical, ethical, legal, and social factors involving caring for the sexual assault patient.
 - c. Options for a resource limited environment:
 - i. www.healtrafficking.org
 - ii. State Bureau of Investigation Protocols
 - iii. Local law school faculty
 - iv. Hospital Ethics team
 - v. ACEP eBook:
<https://www.acep.org/content.aspx?id=29562#sm.0001b7gpb418ale6ssy2s68xl5wfi>
 - vi. RAINN: rainn.org
 - vii. Sexual Assault Forensic Examiner Technical Assistance: <http://www.safeta.org>