



Council of  
Emergency Medicine  
Residency Directors

Best Practices in Residency Education – CORD 2018

**Instructions for speakers:** Please complete this form to the best of your ability on your upcoming lecture. These will be given to all attendees to keep for easy reference. Feel free to modify this form as you see fit. Please keep it to ONE PAGE if possible.

<b>Session title</b>	"UltraSimageddon:" An Intra-city Emergency Medicine Residency Competition
<b>Speaker name (s)</b>	Adriana Segura Olson Nathan Olson
<b>How this info can change current practice</b>	Collaborative learning between residencies takes a lot of planning and resources, but is feasible, sustainable and can successfully improve effective learning
<b>Major teaching point #1</b>	Planning a collaborative session takes significant time – start early! Choose your Learning Goals early to focus your planning after your initial meetings.
<b>Major teaching point #2</b>	In collaborative sessions, experiential learning is more ideal than lecture-based learning. <ul style="list-style-type: none"><li>• Low-stakes competitions that create mild stress has been shown to increase effective learning</li></ul>
<b>Major teaching point #3</b>	Increase learner buy-in by soliciting and incorporating feedback to adjust future collaborative sessions.
<b>Helpful resources for more information</b>	Immediate Feedback Assessment Technique (IF-AT) <a href="http://www.epsteineducation.com/home/about/">http://www.epsteineducation.com/home/about/</a>
<b>Who to contact for more information</b>	Adriana Segura Olson <a href="mailto:adriana.s.olson@gmail.com">adriana.s.olson@gmail.com</a> Nathan Olson <a href="mailto:natewolson@gmail.com">natewolson@gmail.com</a>