

Get Organized!

Organization and Time Management for Budding Faculty

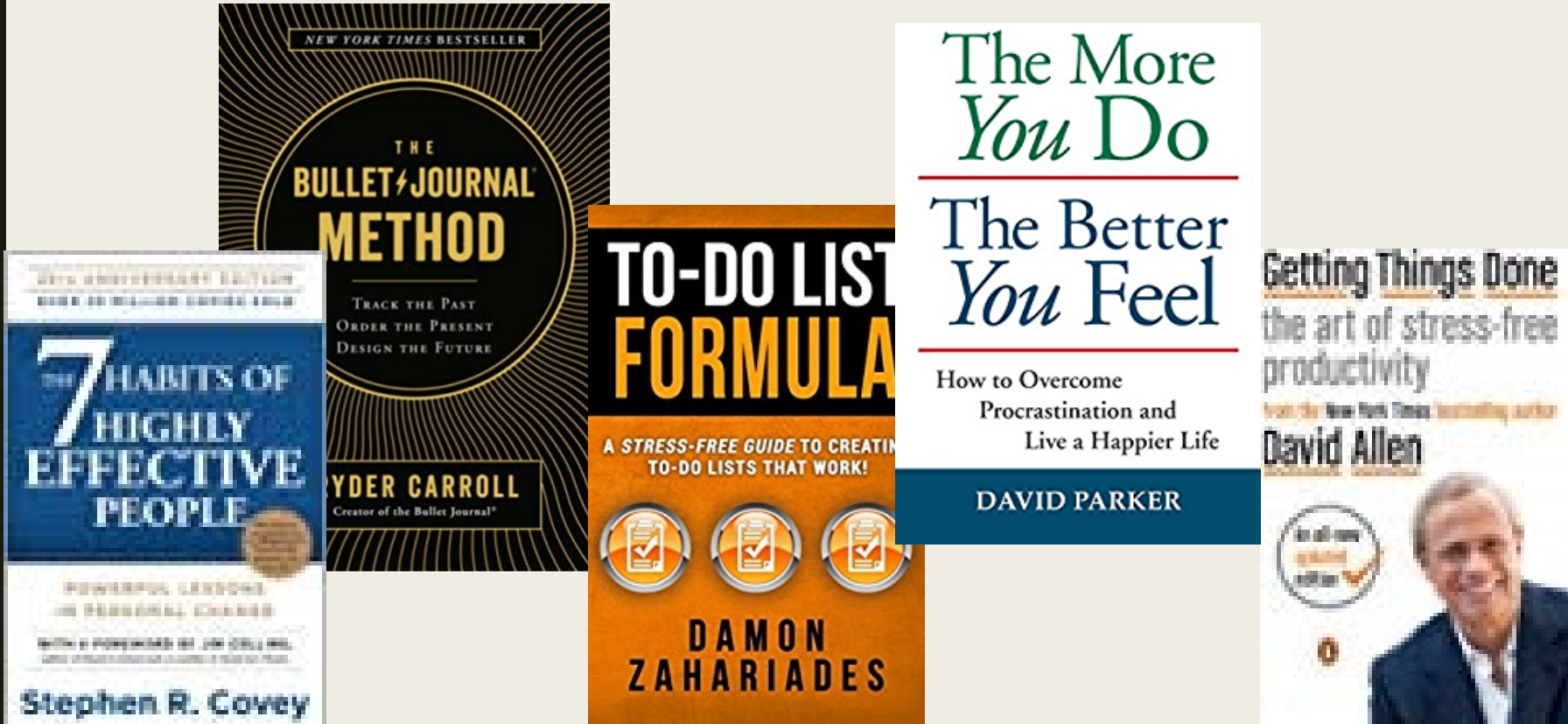


Brett R. Todd, MD, FACEP
Associate Residency Program Director
Department of Emergency Medicine
Beaumont Health
March 31, 2019

Academics and
administration
fill in your free
time if you don't
control them!

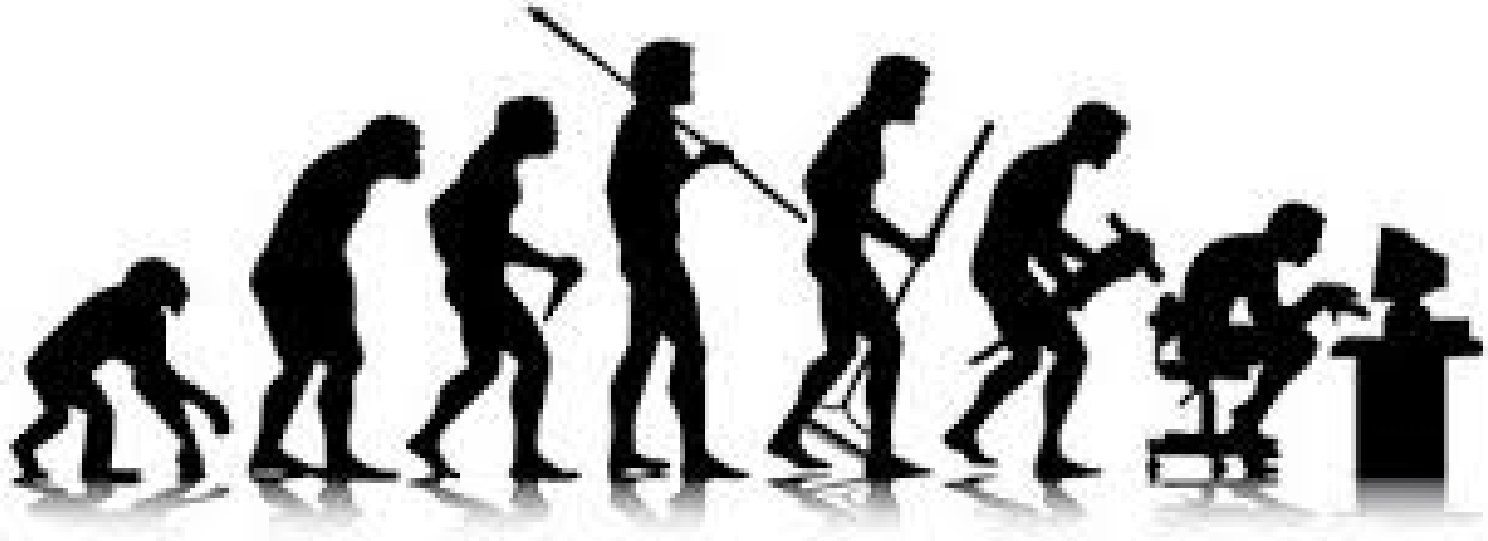


The problem with efficiency: There's too much advise out there!



Pick and choose

Be flexible and continue to evolve



Goals for your system:

Simple

Less stress

Accomplish more

More free time



Weekly review of tasks and projects:

Macro level:

Gantt chart of weeks and year ahead

Micro level:

Your task list

Everything in between:

Time block of this week

The micro level:

The To-do List



Todoist

The screenshot displays the Todoist application interface. On the left is a dark sidebar with a navigation menu. At the top of the sidebar is the Todoist logo. Below it are sections for 'Inbox 12', 'Today 3', and 'Next 7 days 25'. A 'Projects' section is expanded, showing categories like 'Personal 4', 'Work 3', 'Residency', and 'Research/scholarly 2'. The 'Residency' project is further detailed with sub-items such as 'APE submission 1', 'Lectures', 'Foundations 4', 'ITE 2', 'Quality/patient safety 1', 'Ideas 2', 'Other 2', 'PGY 2 Wellness Day 8', 'Rotators/TY', 'PEC/APE 11', 'CCC 30', 'dutyhours 1', and 'Requirement Tracking 1'. The 'Research/scholarly' project includes 'Ideas 9', 'Feedback 1', and 'MERC 2'. The main area of the app shows a 'Quick Find' search bar at the top right. Below it, the 'Next 7 days' view is active, showing tasks for 'Today Sun Feb 24' and 'Tomorrow Mon Feb 25'. Each task is represented by a row with a circular checkbox, the task text, and a colored dot indicating the project or category. Some tasks have a 'repeat' icon (two arrows) and a colored dot. The tasks for today include: 'Lit search risk factors dx error' (Research/scholarly), 'CORD talk prep' (CORD talk), and 'Draft end of shift eval doc for residents and faculty' (CCC). The tasks for tomorrow include: 'Send nick Rosh scores for Each team' (ITE), 'CCC prep' (CCC), 'Check Slack' (MERC), 'Notify faculty of eval forms online' (Inbox), 'Notify faculty of paperless evals' (Inbox), 'New Keys/return toilet thing' (home), 'Marco rosh issue' (Inbox), 'Check Rosh completion' (Foundations), 'Read weekly foundations' (Foundations), 'SPRINT - what do I have?' (SPRINT), and 'Schedule JZ for cx of safety inc DTL, Harrison' (CCC). At the bottom of the main area, there is an 'Add Task' button.

Quick Find

Next 7 days

Today Sun Feb 24

- Lit search risk factors dx error Research/scholarly
- CORD talk prep CORD talk
- Draft end of shift eval doc for residents and faculty CCC

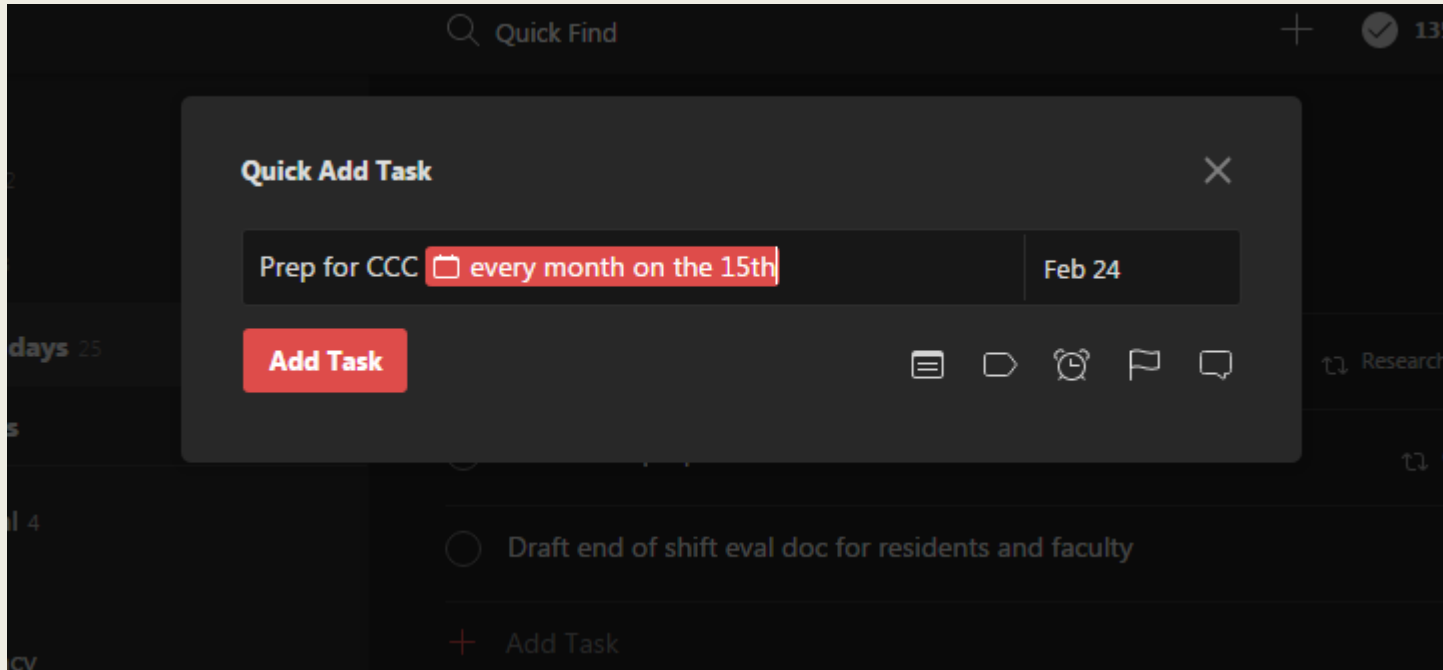
+ Add Task

Tomorrow Mon Feb 25

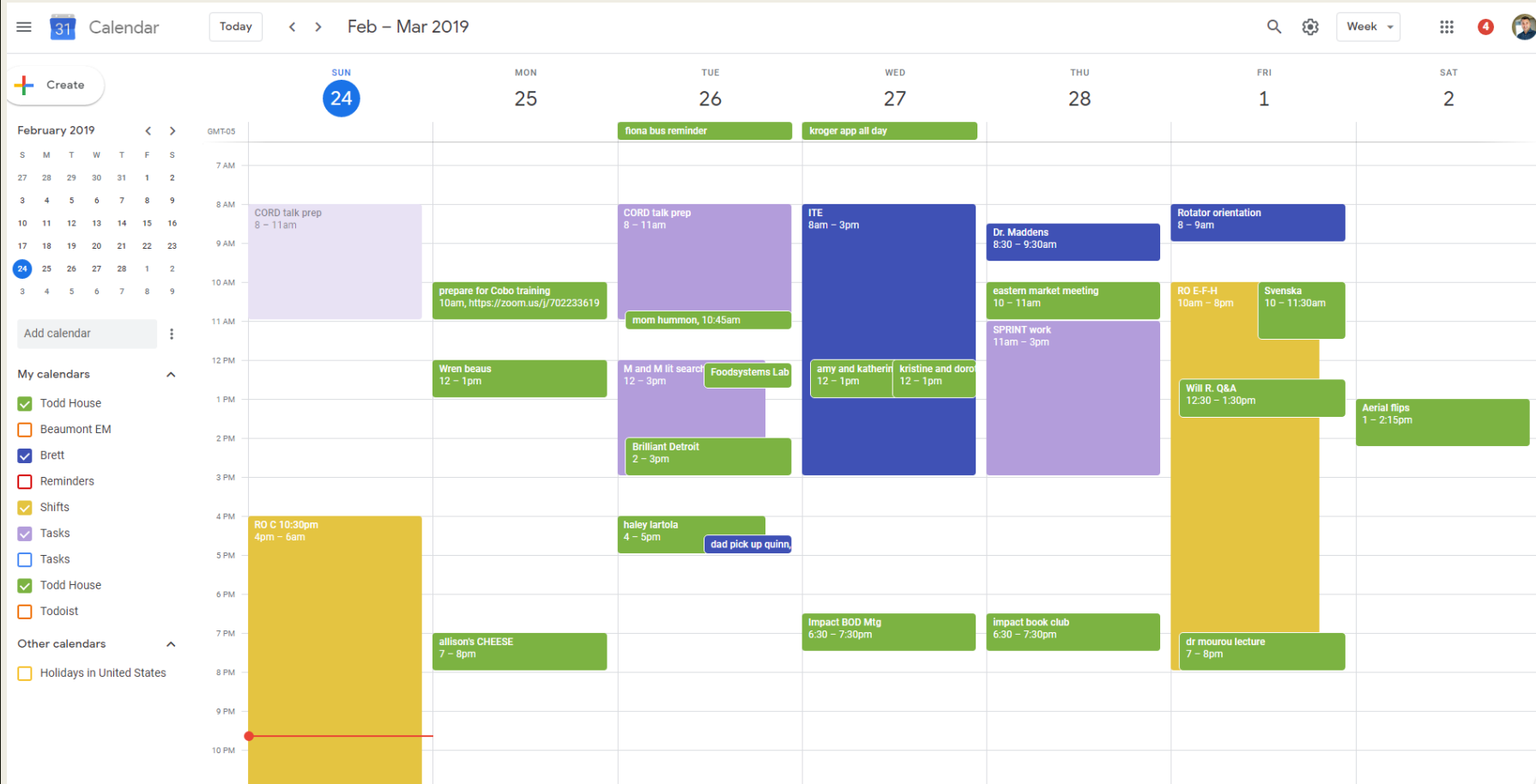
- Send nick Rosh scores for Each team ITE
- CCC prep CCC
- Check Slack MERC
- Notify faculty of eval forms online Inbox
- Notify faculty of paperless evals Inbox
- New Keys/return toilet thing home
- Marco rosh issue Inbox
- Check Rosh completion Foundations
- Read weekly foundations Foundations
- SPRINT - what do I have? SPRINT
- Schedule JZ for cx of safety inc DTL, Harrison CCC

+ Add Task

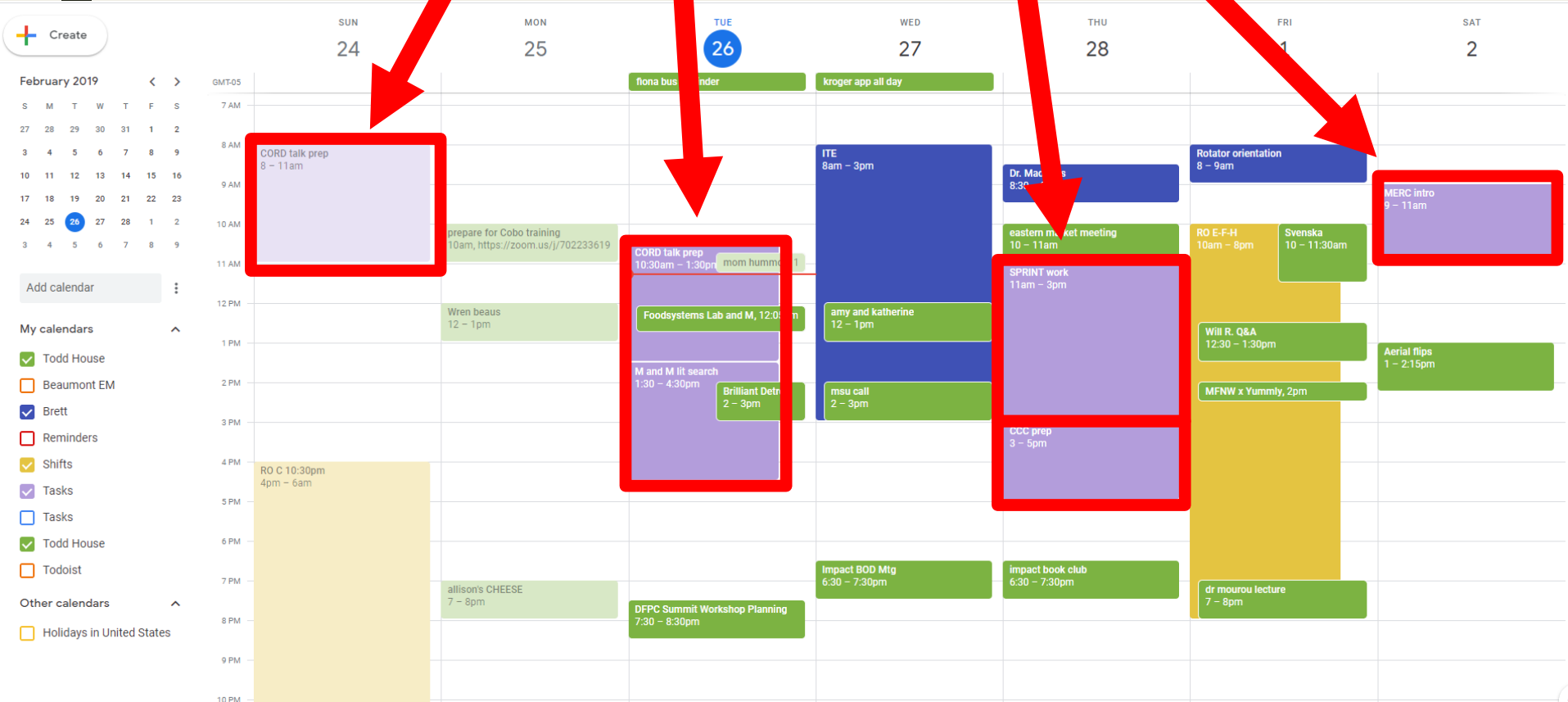
Quickly add tasks and assign dates



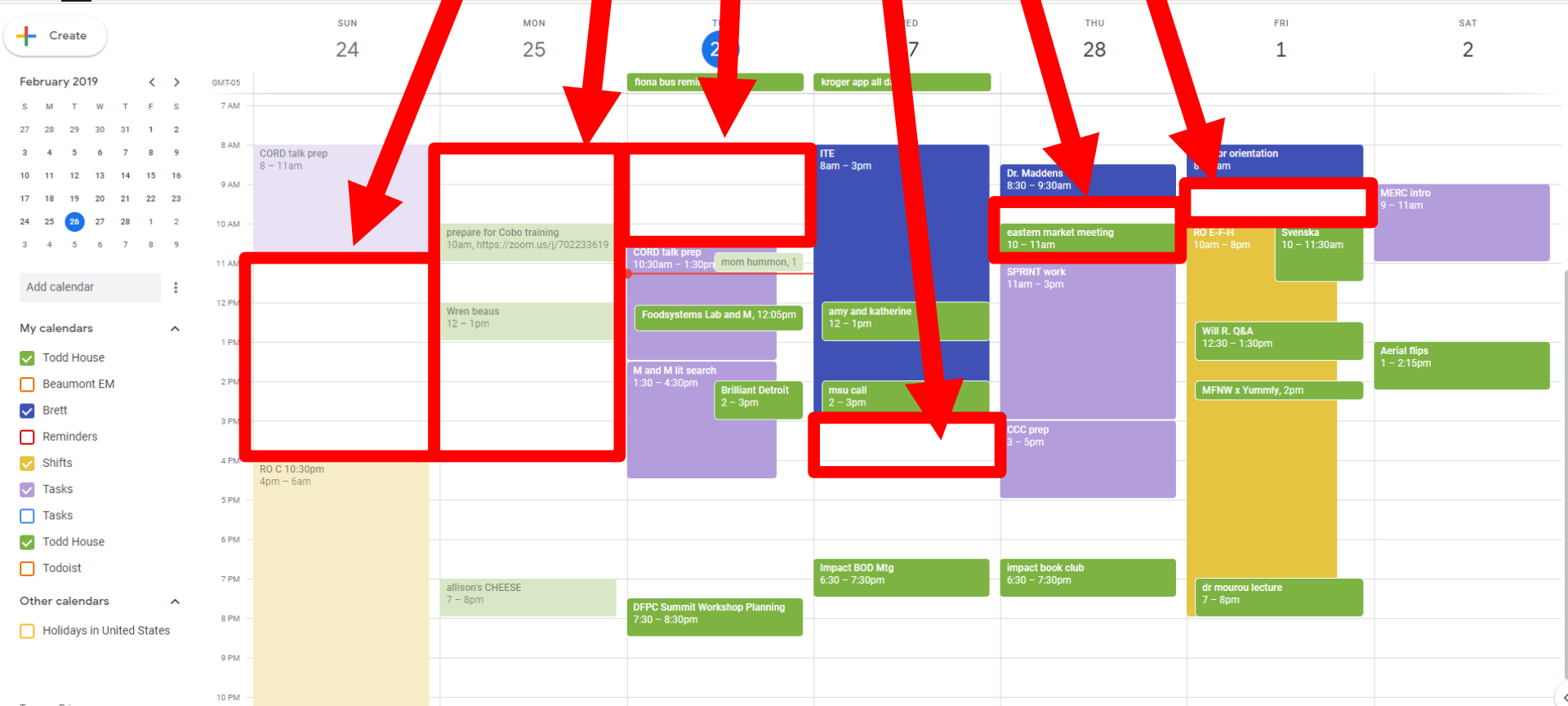
Time blocking – bridging the micro and macro



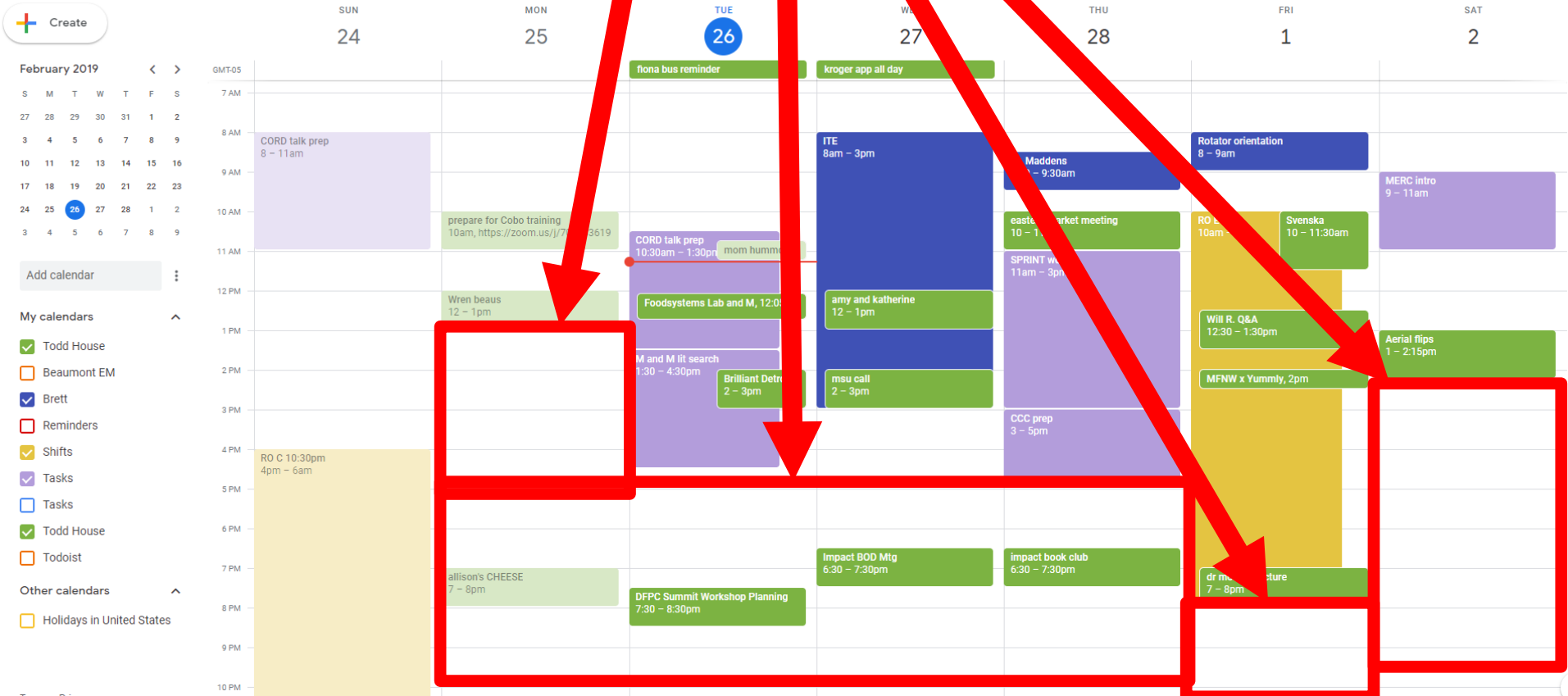
Time for your projects from Gantt chart



Time tasks from to do list and emails



Personal time





Develop your own system and let it evolve

Visualize the big picture

Track your tasks

Review and block the week

Immovable objects: shifts and meetings

