Giving Real-Time Feedback to Students: Coaching Your Students to Their Personal Best

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Model for Real Time Feedback

PREPARE



CLOSE LOOP



SELF-ASSESS





DISCUSS



LISTEN

Step 1: Prepare

Collect thoughts

Acknowledge your personal feelings***

- Hardest
- Lawsuit, RVU, Customer Service scores
- Preconceived judgments

Pick a location

Not central desk or nursing area

Be a coach; not a ref

Create position of genuine support of professional development

Prepare them for receiving feedback

- "when you have a moment, let's talk in the back hallway to give you some feedback/coaching"
- Create a safe environment for self-assessment (coach)



Step 2: Self-Assessment

Acknowledge discomfort if it exists

- Put learner at ease
- This is to enhance their

Have recipient self assess

- Offer specific observations if nothing is forthcoming
- Reinforce strengths

Step 3: Listen

Understand their side of the story

Acknowledge perceptions without

Identify areas of deficiency

• Knowledge, prejudice, stress from volume, poor organization, poor effort,

Let them be their own critic

Step 4: Discuss

Use nonjudgmental language

Separate behavior from person

Consequences to their career

I have observed that when you encounter
 patients with substance abuse, you attribute
 their visit entirely to their substance use. This

During Discussion

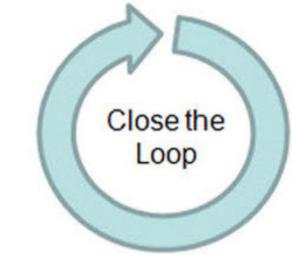
DO NOT

- Justify their actions
- Give up on a trainee
- Over do it (1-3 areas are good)
- Let their intentions justify their behavior

DO

- Acknowledge
- ID Blindspots
- Let them take ownership
 - Help them understand the listening

Step 5: Close the Loop



Assess the trainee understanding and level of acceptance

Make a follow up plan

On your next shift, work on ...

Put this in their written evaluation

- Trends can be identified early
- If necessary, more significant remediation can occur

Prepare:
ID bias,
private
location,
Be a
coach,

Elicit selfassessme nt Listen:
trainee
perspecti
ve,
identify
areas of
deficienc
y

nonjudgm ental, reinforce strengths and desirable behaviors , areas of deficit, specific examples , problem solving, suggestio ns for change

Discuss:

Close the loop:
 assess understan ding, follow up plan, written evaluation