

Is the Interview Season an Educational Loss?

Curricular example #1:

Specialty-Specific

Content: Deep dive into emergency medicine-specific topics with emphasis on preparation for residency (i.e. boot camp)

Structure: 4 days of multimodal assigned asynchronous material + 1 day of on-site progressive disclosure cases (student-led). On-site sessions can also incorporate splinting workshop, simulation sessions, procedure lab, EKG workshop.

Class assignments: At the end of the week, submit 1 PPT case presentation as well as 3 learning points for each day of asynchronous assignments. In class: Required to lead progressive disclosure cases and guide classmates through case discussion.

Resources:

- EM Foundations for schedule of asynchronous assignments
- Oral boards cases for PPT presentations and progressive disclosure cases

Curricular example #2

Non-Specialty Specific

Content: Provide students with the opportunity to learn and develop teaching and leadership skills that they will be able to use in residency and beyond.

Structure: 4 days of asynchronous book reading/completion of reflections and self-assessment tools + 1 day of instructor-facilitated interactive discussions (small group and large group) about books and tools through web portal.

Class assignments: Book reflections, self-discovery logs

Resources:

- Books (choose several from this list):
 - Ambrose, SA et al. How Learning Works: Seven Research-Based Principles for Smart Teaching
 - Covey, Stephen R. The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change.
 - Duckworth, Angela. Grit: The Power of Passion and Perseverance.
 - Johnson, Pierre. Pulse of Perseverance: Three Black Doctors on Their Journey to Success.
 - Tweedy, Damon. Black Man in a White Coat: A Doctor's Reflection on Race and Medicine.
 - White III, Augustus A. Seeing Patients: Unconscious Bias in Health Care.

- Dweck, Carol. Mindset: The New Psychology of Success.
- Goleman, D, Boyatzis RE, McKee A. (2004) Primal Leadership: Learning to Lead with Emotional Intelligence.
- Neff, Kristin. Self-Compassion: The Proven Power of Being Kind to Yourself.
- Seligman, Martin. Flourish.
- Tools:
 - VIA Character Strengths Survey: <http://www.viacharacter.org/www/Character-Strengths-Survey>
 - Mindset self-assessment tool: <https://tinyurl.com/assess-your-mindset>
 - Self-Compassion Scale: <http://self-compassion.org/test-how-self-compassionate-you-are/>
 - Grit Scale Quiz: <http://angeladuckworth.com/grit-scale/>
 - Mindfulness Tool: <https://tinyurl.com/mindfulness-skills>
- Podcasts
 - Mindset (Carol Dweck) TED hour podcast and TED Talk
 - Self-Compassion (Kristin Neff) TED Talk
 - Vulnerability (Brené Brown) TED Talk
 - Grit (Angela Duckworth) TED hour podcast and TED Talk
 - Resilience (Greg Eells) TED Talk

Other curricular examples:

1. Alexander AG, Deas D, Lyons PE. An internet-based radiology course in medical school: Comparison of academic performance of students on campus versus those with absenteeism due to residency interviews. Journal of Medical Internet Research. 2018;20(5).
2. Welch TJ, Harrison SL. Teaching Medicine Through the Study of Literature: Implementing a Fourth-Year Distance Learning Elective. Academic Medicine. 2016;91(3):360-364.