



ADVISING STUDENTS COMMITTEE in EM

## EMERGENCY MEDICINE MEDICAL STUDENT PLANNER for the INTERNATIONAL MEDICAL GRADUATE (IMG)

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This planner will need to be adapted depending on your unique circumstance. As an international medical graduate you must get with an academic EM advisor as soon as you begin considering a career in emergency medicine. Review our [IMG Emergency Medicine Applying Guide](#) for additional advice.

Year 1	Summer	Fall	Winter	Spring
<b>Academics</b>	Basic Sciences – aim to be in top ¼ of class			
<b>Research</b>	1. Select an area of research interest (preferably Emergency Medicine related) 2. Complete your research review board registration process.  <i>^(Ntl. Avg = 3-5 research/publication experiences)</i>	Mentor and Project Selection	Literature Search	Submit the appropriate research review board application
<b>Volunteer</b>	Aim for consistent, longitudinal experiences: national societies, student run clinics, advising/mentoring opportunities, community organizations, international projects, etc. <i>*(Ntl avg = 6-7 volunteer experiences)</i>			
<b>EM Career Experience</b>	1. Join your school's EMIG (Emergency Medicine Interest Group) 2. Join EMRA (Emergency Medicine Resident Association)	1. Find an EM advisor. It is critical that EM-bound IMG find an advisor from an academic EM program as early as possible 2. Explore <a href="#">CORD ASCEM resources</a>		1. EM based continuity clinic or shadowing 2. (if you haven't yet) Find an ADVISOR! 3. (if you haven't yet) Explore <a href="#">CORD ASCEM resources</a>
<b>Misc.<sup>9</sup></b>	Keep track of experiences for CV	ACEP, FIX conferences	AAEM conference	SAEM conference
Year 2	Summer	Fall	Winter	Spring
<b>Academics</b>	Basic Sciences – aim to be in top ¼ of class			
<b>Research</b>	Await IRB determination (likely resubmit with changes)	Data Collection	Begin planning and coordinating clerkships	1. Take Step 1 <i>^(EM ntl average 235 US IMG, 231 Non-US IMG)</i> 2. Contact <a href="#">ECFMG</a> . Make sure you understand the steps and timelines necessary for certification
<b>Volunteer</b>	Take leadership positions in volunteer organizations and complete a volunteer project			
<b>EM Career Experience</b>	1. Take a leadership position in EMIG 2. (if you haven't yet) Find an ADVISOR!	1. Meet with EM advisor to discuss early strategies for success, plan US travel for rotation experiences in Year 3 & 4 2. Discuss backup/parallel plan and other areas of medical interest (outside of EM)	EM or critical care based continuity clinic or shadowing	
<b>Misc.<sup>9</sup></b>	Keep track of experiences for CV	ACEP, FIX conferences	AAEM conference	SAEM conference

Year 3	Summer	Fall	Winter	Spring
<b>Academics</b>	Clinical Clerkships – focus on consistent performance across all clerkships, balance shelf exam with clinical performance			Start studying USMLE Step 2 CK
<b>Research</b>	Data Analysis. Write abstract and submit for presentation at national or regional EM meeting (ACEP, SAEM, CORD, Critical Care, Wilderness, Ultrasound, EMS)		Consider writing up a case report or small quality-improvement project with a resident or attending from one of your rotations.	
<b>Volunteer</b>	Complete another volunteer project (if possible)			
<b>EM Career Experience</b>	Take a leadership position in EMRA or another organization	Research elective rotations- <a href="#">EMRA match</a> , utilizing the “percent IMG” filter	EM or critical care based continuity clinic or shadowing	<ol style="list-style-type: none"> <li>1. Meet with EM advisor to discuss competitiveness, electives and 4<sup>th</sup> year schedule</li> <li>2. Apply for visiting EM rotations in March. Explore US EM residency <a href="#">data</a> to determine where IMGs are recruited nationally for residency</li> </ol>
<b>Misc.<sup>§</sup></b>	<ol style="list-style-type: none"> <li>1. Keep track of experiences for CV</li> <li>2. Make sure you understand the steps and timelines required for ECFMG portal certification.</li> </ol>	ACEP/FIX conference- EMRA medical student symposium	<ol style="list-style-type: none"> <li>1. AAEM- Medical Student Session</li> <li>2. Review again <a href="#">CORD ASCEM website and resources</a></li> </ol>	<ol style="list-style-type: none"> <li>1. Update CV for VSAS</li> <li>2. Residency Fairs at SAEM, ACEP national/regional conferences</li> </ol>
Year 4	Summer	Fall	Winter	Spring
<b>Academics</b>	<ol style="list-style-type: none"> <li>1. Study and take Step 2 CK <sup>*(EM ntl. avg 242)</sup></li> <li>2. Electives – front load EM rotation, EM electives-goal for at least 2 SLOE before ERAS opens!</li> </ol>	<ol style="list-style-type: none"> <li>1. Consider rotations to expand your knowledge-base and skill set: critical care, anesthesia, pediatric emergency medicine, radiology, ophthalmology, orthopedics</li> <li>2. Take USMLE Step 2 CS</li> </ol>		
<b>Research</b>	Write abstract and submit for presentation at national or regional EM meeting (ACEP, SAEM, CORD, Critical Care, Wilderness, Ultrasound, EMS), or if already accepted, present at EM Meeting		<ol style="list-style-type: none"> <li>1. Present at EM meeting</li> <li>2. Compose manuscript and submit for publication</li> </ol>	
<b>Volunteer</b>	Complete another volunteer project (if possible)			
<b>EM Career Experience</b>	<ol style="list-style-type: none"> <li>1. EM rotation(s). Aim for 2 rotations at academic institutions with an ACGME-accredited residency training program. It is critical have MASTERY of the English language.</li> <li>2. Consider an EM elective rotation (pediatrics, ultrasound, toxicology, international, sports med, EMS, etc.)</li> <li>3. Meet with EM advisor to discuss ERAS application strategy, including a back-up or parallel application plan.</li> <li>4. Visit <a href="#">EMRA match</a></li> </ol>		<ol style="list-style-type: none"> <li>1. Interview - consider taking a month off</li> <li>2. Create Match list – rank all of your choices</li> </ol>	Do something fun!
<b>Misc.<sup>§</sup></b>	<ol style="list-style-type: none"> <li>1. Update CV for ERAS Application</li> <li>2. Start writing personal statement for ERAS Application</li> <li>3. Standardized Video Interview</li> </ol>	<ol style="list-style-type: none"> <li>1. Submit ERAS Application on opening day</li> <li>2. Residency Fairs- National and Regional</li> </ol>	AAEM Conference	SAEM conference

\*All National Averages (ntl avg) are based on the 2016-2017 first year EM resident. Available at <https://www.aamc.org/data/484714/report-on-residents-2017-b1table.html>. There is a large standard deviation, with some applicants having no research experience or publications. Numbers indicate all experiences over a 4 year medical school career.

^National Average based on the 2016 data on EM-matched IMG students [Charting Outcomes in the Match for International Medical Graduates](#)

§Conferences may offer a numerous opportunities for students considering a career in EM; attendance is not required or considered a factor that influences a student’s potential to match in EM.

