

## So You Want to Play in the Big Leagues? Transcribing the Unwritten Rules of Academic Politics

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- I. “Etiquette” in academics
  - a. Know the right ways to be noticed
    - i. Show your face around the office
    - ii. Dress the part
  - b. Avoid the wrong ways to get noticed
    - i. Stay off the naughty lists
    - ii. Resist social media stardom
- II. Know the academic currency of your department
  - a. Saying yes and saying no
  - b. Path to promotion
    - i. Identify the deliverables
    - ii. Medical educator track
  - c. Track all scholarship, not just publications
- III. Understand the finances
  - a. Some shifts are more valuable than others
  - b. Know what else is included in your compensation
    - i. Teaching
    - ii. Interviewing
    - iii. Scribes
    - iv. Continuing medical education dollars
- IV. Be mindful of your personal wellness
  - a. Transition from residency restrictions
  - b. Burnout is real
  - c. Focus on career longevity